

CANCLAUX MELLINET



FREE MAP

FOR YOUNG TRAVELERS

USE-IT

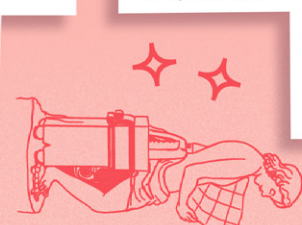
act like a local

For a two-day trip, a one-month adventure or a brand new life (we bet you will come back), the Nantais starter-pack comes with:

- ☞ eating a *Câteau Nantais*, the almond-based cake with rhum added in the paste before cooking, after cooking AND in the icing.
- ☞ drinking a glass, a bottle or a cellar of Muscadet!
- ☞ taking the shuttle boat *Nantibus* to the charming and colourful village of **Trentemoult** 79
- ☞ travelling far away from Nantes.
- ☞ shopping at **Marché de Talensac** 45 on a Sunday morning.
- ☞ eating fresh *mâche* salad every week.
- ☞ smelling the tear gas of the regular demonstrations against and for everything or joining the revolution, because public transportation may be disrupted.
- ☞ organizing a BBQ in a park with your friends. Check out **Parc du Craëp** 94
- ☞ taking the train to the sea every second weekend when spring weather is back. Read **Have a trip**
- ☞ renting a paddle, a canoe or an electric boat and sailing on the Erdre or Sèvre rivers.
- ☞ partying day and night in a blockhouse, a park and a banana warehouse.

THE TO-DO-LIST

- FRESH, FRESH, EXCITING**
You'll be sure to find a cool place, warm welcome and good food at **La Table de Yo**. Enjoy a fresh and local menu for lunch or pick from the meals à la carte for dinner in this charming restaurant. Even the bread is homemade and really fabulous! Pretty crowded with neighbours, we advise you to book a table. 42 rue de la Ville en Bos.
- Les Ateliers De La Ville En Bos**
See Creative & Alternative
- FIRST-HAND EXPERIENCE**
★ Local tip by Anoum. 23 actor-to-be I love **Le Théâtre de la Rue de Belleville** for its cocooning atmosphere, its various plays from classic theater to contemporary pieces, and its attention for popular theater. This former car workshop is also an acting school, so you can see student plays as well and for a low price. 90 rue de Belleville n°2
- FRENCH TASTES TO TOAST**
We, French people, do love wine, cheese and delicacies. And so will you! Let us take you to the lovely **Jeroboam côté jardin** to see if you agree. A sweet garden, good advice and taps to go well with your selected glass of wine: are you more of a white or red wine lover now? We are both. Cheers! 6 rue Lamoricière.
- GRASLIN**
7 Galerie des Ombles • See Art Places
- Médiathèque**
• See Free Wifi & Fraternity
- TOO (MUCH) BEER OR NOT TOO (MUCH) BEER**
If you are a beer lover on the lookout for never-heard-of-before breweries, then you definitely have to stop at **Sur-Mesure**. Or rather at one of the three **Sur-Mesure**, near Commerce, in Graslin area and in the Marché de Talensac. The staff will guide you through the 34 different beers on tap and regular guest breweries to help you find the best beer for your taste! 5 rue Jean-Jacques Rousseau / Marché de Talensac / 15 rue Beauregard.
- Galerie Alblane** • See Art Places
- Maison Bagarre**
• See Free Wifi & Fraternity
- THE BEST OF JAPAN**
One of the few restaurants in town where people queue up – but it's really worth it! **Ramen Ya** lets you travel to Japan. Have a seat at the counter snacking *gyozas* while waiting for your ramen with an *affamato* egg and watch the team baller agitating noodles, creating the Instagrammable Placement of food in your bowl and wishing you *tsakimasu* (a good meal). 26 rue de la Fosse.
- TIME MACHINE**
13 // TOURIST CLASSIC 11
Near Place du Commerce, you can't miss **Passeuse Pommerive**, the famous arcade
- PLAYTIME AWAY FROM TRAFFIC**
When you just had a busy day and don't know where to go for the evening, don't panic. **Mon Oncle** is here to serve you! A wonderful and smiling team, great food to nibble and many beers, wines, and soft drinks to choose. The great musical atmosphere, the art exhibitions and cultural events are guaranteed to make you have a good time in this friendly place. 16 rue d'Argé.
- Ding Firing** • See Vintage closet



- THE LITTLE ART SHOW**
29 Each month, **L'Artichaut** invites new artists to exhibit on its walls. They are also asked to create a special piece of art on the outside wall of the boutique. An ephemere and unique mural painting that contrasts with the 18th-century buildings surrounding the shop. Jean, the owner, will be delighted to tell you about the artists' work while serving you an organic dish or the perfect drink. 8 rue du Marais.
- A VEGAN QUEST**
22 We don't have many vegan restaurants here in Nantes. You can count them on the fingers of only one hand. Nothing very surprising considering that Bretagne is the country of salted butter. But sometimes food doesn't need any animal to be tasty! For experienced and beginning vegan eaters, **L'échiquète** provides a cruelty free version of the traditional Fish and Chips and delicious cookies. 100% tasty guarantee! 14 rue Armand Brossard.
- YOU, ME, PIZZA, NOW**
28 At **Vincenzo's**, the story is as tasty as the pizzas. Jérémie chucked everything in his life to dedicate himself scrupulously to the Neapolitan pizza and bring it to Nantes as if we were in his family hometown next to Vesuvius. As the big oven took all the space inside the tiny place and pizza lovers came more and more they opened another place in Rue des Carmes, named after the grandnephew Grazia. Same perfect recipes. *Mamma mia!* 5 rue de la Juverne.
- 2nd • Zoo** • See Best of Bakeries
- Le Couche Tard** • See Fast Good
- Istanbul Grill** • See Fast Good
- COFFEE, BEER, FRIENDS**
35 Central meeting point for friends living and working in different sides of the city or strategic stop during an afternoon in Boutlay. **Le Café du Cinéma** is also a good place to sit with a beer and enjoy a terrace under the trees, which is big enough to chill with all your crew. The best alcoholic evenings happen here around the table football. 8 rue des Carmelles.
- HOLY MOVIES**
30 Set in an old chapel, **Le Cinéma-atop** *grape* is the movie theatre to go to if you love art house movies, great retrospectives on directors and actors, old classics, experimental cinema, and so much more! With its really affordable tickets and unique decor, you will soon want to spend all your movie experiences there. 12bis rue des Carmelles. 06 lecinemaatop.com
- TRAVELLERS, BEWARE**
38 // TOURIST CLASSIC 11
Do you know that there's a curse put upon Nantes? We don't know what we have done wrong but our churches ignited in 2020, our **Cathédral S-Pierre-et-S-Paul** was burned down, (not all the building, happily) And it was not even the first time! It also suffered in 1972, and the basilica Saint-Bonathan had the same fate in 2015. We've told you, we are cursed! If you are brave enough to go inside our cathedral...
- SECRET TO SHARE (OR NOT)**
30 Beautiful mosaics, uh? Now, have a sit to enjoy the fresh suggestions that Céline and his team will offer you for lunch, with everyday a veggie meal among the homemade local menu. First, a secret: our far timing at **Le Cocktail** in the evening, when we can drink cool cocktails and share their delicious plates with our friends or date. Such a pleasure, no need to choose here, you can taste all the food and enjoy the moment in a rare haven of peace in this busy, pedestrian street! 14 rue du Château.
- AFRIMERICA**
34 This is NOT another strange fusion restaurant, **Maki Burger** will make you enjoy a burger, but not any burger. The recipes that Anatole concocts with love are made of fresh and local products, they make your tastebuds travel with original and different flavors, and they sure are tasty. Open the door of this tiny house to share a good time with friends, which is what 'maki' stands for in several African countries. 10 rue de Briord.
- THIN IN THE CITY**
29 Perspective can be so strange. The tiny herb is a perfect instance at its end, buildings so close that the corridor is only one meter wide former barrel! This alley is **the thinnest street** in Nantes as if we were in his family hometown next to Vesuvius. As the big oven took all the space inside the tiny place and pizza lovers came more and more they opened another place in Rue des Carmes, named after the grandnephew Grazia. Same perfect recipes. *Mamma mia!* 5 rue de la Juverne.
- THE BEST CREPERIE**
27 The cute name of the creperie **Le Loup, le Renard et le chat** comes from a Breton song that all the French people know. 'I wolf, the fox and the weasel singing'. You can taste a bit of its rivalry buckwheat *galettes* or sweet *crêpes* filled with various top lot of love. It definitely deserves a stop! 19 rue de la Juverne.
- La Rose des Sals**
26 • See Fast Good
- Pépette** • See Vintage closet
- SAN CHEESE**
24 In France, chûdh (marmoset) when we but most of the time from the English and cheese always make a speaking of cheese. **meton** is definitely your favorite chûdh, on Amélie and her team discover new creamy as goat cheese with that tastes like nut cheese! 21 rue des Carmelles.



BOUFFAY

shopping at **Marché de Talensac** 43 on a Sunday morning.

eating fresh *mâche* salad every week.

or an electric boat and sailing on the Erdre or Sèvre rivers.

partying day and night in a blockhouse, a park and a banana warehouse.

BEST BAKERIES

- 21 **Arno** choose it for a tasty, buttery *pain au chocolat*.
- 22 **Bossard**, you don't know the real taste of *chouquettes* if you've never tried them here!
- 29 **Pain-Beurre-Chocolat** probably the best croissants in town.
- 64 **Honoré**, a local chain of bakeries, a safe bet for breads and pastries.

FAST GOOD

- 20 **La Rose des Sables**, rip-top cheese naan!
- 26 **Le Couche-Tard**, unofficially elected best kebab in Nantes by approximately everybody!
- 23 **Iscrabud Grill**, thumbs up for the wood-fired meat!
- 23 **La Fontaine**, the best kebab in Joffre street, with yummy fries.

VINTAGE CLOSET

- 5 **Ding Fringues**, run by the Emmaüs charity, affordable second-hand clothes. Shop for a cause!
- 25 **Répète**, high quality, refined AND affordable with a special customer card!
- 37 **Mauvais Genre**, that '60-to-'90s show for prints, colours and dog lovers!

FREE WIFI & FRATERNITY

- 8 **Médiathèque**, typical inspirational hushed free library atmosphere.
- 11 **Maison Bagarre**, beautiful coworking café with Club Mate and sweet muffins.
- 15 **Clapron**, cosy place for good thinking with nice tea and pastries.
- 60 **Le Bar du LU**, motivating bar atmosphere and relaxing slide chairs.

CREATIVE & ALTERNATIVE

- 2 **Les Ateliers de la Ville en Bois**, artistic workshops, exhibitions and cosy parties.
- 62 **Les Ateliers de Bitcher**, underground noisy gigs and artistic experimentation.
- 63 **Les Ateliers Magellan**, bicycle repair workshop, artistic vibe and great parties.
- 74 **L'Atelier du Dahu**, artists workshops, craft markets, tattoo stands and parties.

ART PLACES

- 7 **La Galerie des Oubliés**, young gallery highlighting talented forgotten artists.
- 10 **Galerie albane**, beautiful gallery figurative creations.
- 41 **L'Atelier**, various exhibitions all year long in a wonderful 19th-century building.
- 78 **H2B Galerie**, biggest gallery in Nantes with international contemporary art exhibitions.

food in your bowl and wishing you *tradikmasu* (a good meal). ■ 26 rue de la Fosse.

TIME MACHINE

- 13 **11 TOURIST CLASSIC** ■ Near Place du Commerce, you can't miss **Passage Pommeraye**, the famous arcade with its shops and architectural treasures. The passage and its stairs are a link in the heart of our city. Climbing them is already an adventure: you have so much to see, like the staircases, which have been looking after the people of Nantes since 1843. This place even survived the bombing of the town during WW2! Oh and if you visit us during Christmas time, the decorations and the colourful pine trees are magnificent! Perfect for a souvenir picture! ■ 20 Passage Pommeraye.

THE EYE OF SAURON

- 20 **11 TOURIST CLASSIC** ■ Built in the 1970s, **la Tour de Bretagne** does not go unnoticed. Its 144 meters height stands out in the city center, and the view from up top covers several kilometers, all around when the sky is clear. The tower used to gather the offices of numerous businesses and a great rooftop bar. Unfortunately it's now closed for the next 5 to 10 years, during which it will undergo massive renovation work, as well as a quest for a new purpose...

KILLER BAR

- 14 **Whos that? Landru**: A bar named after a famous French serial killer. Don't be afraid, here you will find a quiet terrace, locals leaning their elbows on the bar counter speaking with the manager, a free baby-foot (that's how we call table football) and great tapas! This lounge bar offers the cheapest Muscade (our gold wine) in town! When we enter there, we never know how long it will last! ■ 7 rue Lakan.

Clapron & Fraternity

- 15 **RED HAT CHILLING PEOPLE** ■ Don't you love these little hidden places in the heart of a city? Those blink and you'll miss'em' places? **Clapron Rouge**, a bar run by a non-profit organization in a little street near the crowded rue du Calvaire is such a place. The great team will welcome you for a drink and/or a discussion on politics, ecological matters, and so much more! A spot to be discovered as soon as possible! ■ 4 rue du Chapeau Rouge.

A BITE OF BRITANNY

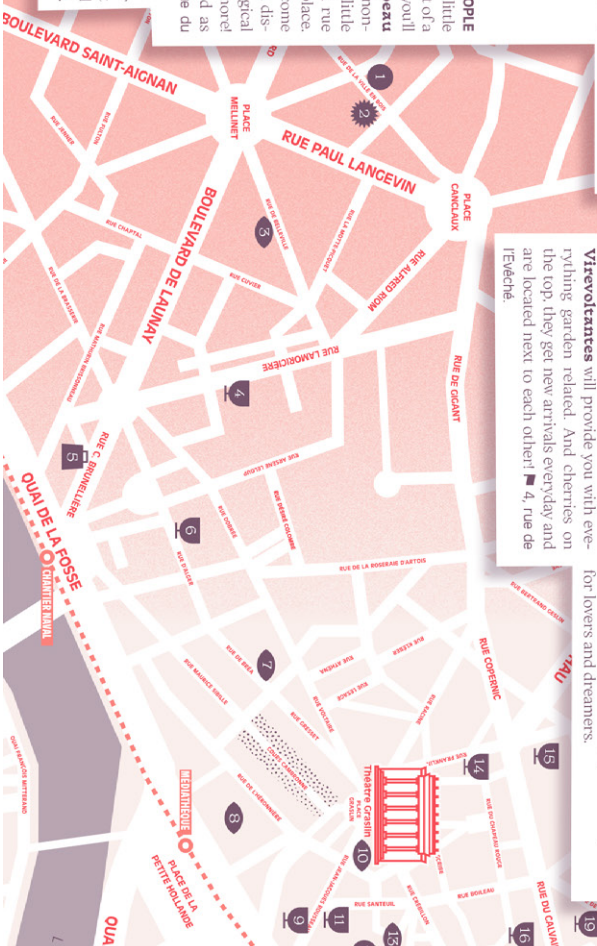
- 17 **TO TAKE AWAY** ■ Whenever you have an empty stomach and want a good snack, check **Le Barapom**. Next to the carousel, this local chain will satisfy your hunger with great *crêpes* and buckwheat pancakes with gourmet toppings. Their smart packaging is perfect to go around town with your lovely bite of Brittany! ■ 3 place du bon pousseur.

on directors and actors, old classics, experimental cinema, and so much more! With its really affordable tickets and unique decor, you will soon want to spend all your movie experiences there. ■ 12bis rue des Carmelites. @ lecinemaographe.com

Mauvais Genre + See Vintage closet

- 35 **ALU BABAS CAME... AND GARDEN SHED** ■ Nantes has plenty to offer for flea-market lovers and vintage treasure seekers, and two of the latest spots to find second-hand gems are Grand Magasin and Les Virevolantes. At **Grand Magasin** you will find everything from books to jewelry, cutlery, and small furniture. **Les Virevolantes** will provide you with everything garden related. And cherries on the top, they get new arrivals everyday and are located next to each other! ■ 4, rue de l'Évêché.

wrong but our churches ignite! In 2020, our **Cathédral St-Pierre-et-S-Paul** was burned down, (not all the building, happily) And it was not even the first time! It also suffered in 1972, and the basilica Saint-Donatien had the same fate in 2015. We've told you we are cursed! If you are brave enough to go inside our cathedral (after all the restorations of course), you can say, hello to *les gérants* those sculptures were commissioned by our famous queen Anne de Bretagne in memory of her parents, François II, duke of Brittany, and Marguerite de Foix and it's pretty amazing. Just behind you can enter in the crypt, no skeleton or ghost here but an exhibition explaining the history of the place. Finally, go to **the garden of La Paulette**, a very charming spot to rest, perfect for lovers and dreamers.





BOUFFAY

SAV CHEESE

In France, children say *cousin* (nephew) when we take a photo but most of the time we borrow from the English and say cheese. But cheese always make us smile. Well, speaking of cheese, **Matison Fro-mecron** is definitely the spot to shop your favorite dairies. You can rely on Annelie and her team to make you discover new creamy delights such as goat cheese with dried flowers that tastes like nuts. Cheers to cheese! ■ 21 rue des Carmes.

ENTAILY

French people do add cream to the carbonara and that creates a vibrant debate with our Italian neighbours. To put things right, look for the neon light and push the door of **La Pasta**, a tiny family *trattoria*. The place is as simple as the dishes are great. Here you won't find any pizza but delicious handmade pasta. The only question left is: will you finish your tiramisù, *bambino*? ■ 14 rue St-Léonard.

La Rose des Sables

See Fast Good

THE BEST CREPERIE

The cute name of the creperie **Le Loup, le Renard et la Galette** comes from a Breton song that all the French people know. "I can hear the wolf, the fox and the weasel singing." You can taste a bit of its rhythm in those salty buckwheat *galettes* or sweet *crêpes* filled with various toppings and a lot of love! It definitely deserves a stop! ■ 19 rue de la Juiverie.

THIN IN THE CITY

Perspective can be so strange. The tiny ending of Rue Lambert is a perfect instance at its end buildings from each side are so close that the corridor is only one meter wide – the width of a former barrel! This alley is **the finest street of Nantes**, a reminding taste of medieval urbanism. Maybe you will have to cross it like an Egyptian! Don't be afraid, it's not a cut-throat street, just a quick way to link Bouffay area to the Castle.

SECRET TO SHARE (OR NOT)

Beautiful mosaics, uh? Now, have a sit to enjoy the fresh suggestions that Cédric and his team will offer you for lunch with everyday a-eggle meal among the homemade local menu. Pssst, a secret our fav timing at **Le Select** in the evening, when we can drink cool cocktails and share their delicious plates with our friends or date. Such a pleasure, no need to choose here, you can taste all the food and enjoy the moment in a rare haven of peace in this busy pedestrian street! ■ 14 rue du Château.

AFRIMERICA

This is NOT another strange fusion restaurant. **Marki Burger** will make you enjoy a burger, but not any burger. The recipes that Anna-rigle concocts with love are made of fresh and local products, they make your taste buds travel with original and different flavors, and they are sure as tasty. Open the door of this tiny house to share a good time with friends, which is what "marki" stands for in several African countries. ■ 10 rue de Brind.

TRAVELLERS, BEWARE

TOURIST CLASSIC

Do you know that there's a curse put upon Nantes? We don't know what we have done wrong but our churches ignited in 2020, our **Cathedral S-Pierre-et-S-Paul** was burned down, too all the buildings, happily! And it was not even the first time! It also suffered in 1972, and the basilica Saint-Donatien had the same fate in 2015. We've told you, we are cursed! If you are brave enough to go inside our cathe-

OCCUPATION: WATCHING DUCKS

We have many floating bars on the Erdre river. Let us give you some advice: the best one is **Bateau Lavoisier** even if it is the only one not floating. With great drinks (like real Spritz) to sit with or take away on the riverbanks, enjoy the wonderful view on the urban nature & the river. If you don't know what to say to your date, just speak about the ducks. Love can come from random discussions! ■ Quai Canéray.

L'Éclairer

See Art Places

Bossard

See Best Bakeries

FINE STREET

On the way between Talensac and Place Bretagne, the little **Léon Jamin street** is a trendy stop for arts, crafts and fine work. At the very beginning of the street, **Haos Galerie** is a white quirky space dedicated to contemporary and graphic arts that also invites guest tattoo artists. On their way, art lovers should also stop at **Showshow** for illustrated posters, fancy ceramics, and sometimes finely curated exhibitions! For those who wanna sit and feel the atmosphere of this street, you can have lunch on the terrace of **La Mandale**, local products cooked with love and talent. And to definitively prove that size doesn't matter, you can go see a show at **Krappo Roy**, the smallest theatre in Nantes (only 40 seats) that shines a light on local up-and-coming shows with strong messages.



TALENSAC

THE ART OF LIVING IN NANTES

There's no reason not to enjoy a Sunday morning – and post-Saturday-night hangovers are not an excuse! Nothing better than a walk to **Marché de Talensac** (Talensac market) to start the day. Under this covered market, you will find everything you need for a fresh picnic: local fruits and vegetables, out-of-the-oven bread, any kind of cheese, and, of course, freshly harvested oysters. Don't be afraid to try them, they are perfect to fight hangovers (true story). Once your shopping is done, stop at **Ploche**, the game bar where you can enjoy a glass of Muscadet before a 5-minute walk to the de Versailles to savor your picnic. ■ Screened entrance to the market due to Covid, you may queue on Sun. and Sat. mornings.

REAL TASTY JAPAN

When you think about Japanese restaurant, you just have sushis in mind. But Japanese cuisine is far more interesting and rich than you may believe. *Tempura, takoyaki, omigiri, donburi, okonomiyaki, mochi*, etc. You find all these amazing dishes in **Paku Paku**. When you enter this place, you are welcomed by Japanese music, and you can read manga brought in Japan by the staff, who are really passionate people. ■ 14 rue Talensac.

CALINO ON THE DANCEFLOOR

When you walk near the *lie de Versailles*, two spots are here for a cup of tea/coffee, eating on the evening or even dancing. **Barons Perchés**, a bar and restaurant with biodynamic wine and good beers, and **Lune Froide** and its garage-electro-rock-indie-punk music. Switch from one incredible terrace to another and enjoy the view! ■ 21/22 Quai de Versailles.

JAPAN SANCTUARY

See Tourist Classic

Traveling to Japan is too expensive for you? No matter, in Nantes we have THE solution. We go to the **Isle of Versailles**. You won't find a kigo with a huge wig, but a magnificent Japanese garden where you can picnic, meditate and sunbathe. They also have an exposition center: have a look, it's always interesting. The gardeners are doing a great job, thanks to them you really believe that you are in the Land of the Rising Sun! You can extend your escape by renting an electric boat and sailing around the Erdre river for another journey.

WELCHHOME

Le 23 used to be a cinema. The city council gave the keys of the place to BigCityLife (our local good-food-and-tips-and-events-in-Nantes crew) and they transformed it into a new HQ for youth and culture-lovers. Food corners, bars, artistic events and live performances take place in this place pumped by street artists! Don't miss the Sunday perfect post-hangover Disul to fit in the British culture with buckwheat pancakes with sausages or Muscadet & oysters! ■ 23 rue Villebois Mareuil.

Pain Beurre Chocolat

See Best Bakeries

FARIES DO EXIST

A little step away from the hustle of rue Joffre, you find **Le Brocceliande**, a restaurant/café/bar with a charming wooden terrace and colorful lanterns. Taste an organic wine or a local breverage (choose the Caribou beer) and maybe the luck to be at a concert or an improv evening. Getting peckish? The heavy menu and its home-made french fries are worth the detour! ■ 40 rue Préfet Bonnetroy.

La Fontaine

See Fast Good

A STREET AS A VILLAGE

Marché Joffre street is the perfect illustration of Nantes being full of little villages. In this narrow street, you can find nice little shops, cool bars and delicious restaurants and take-aways. Vintage lovers will stop at **Frip'n Shop** to enjoy a great selection of second hand clothes at reasonable prices while bookworms will find love in **La Vie Devant Soi**, the little bookshop with great selections of comics, poetry, novels and books for children. On the way, don't forget to pick a bottle or two of organic wines at **La Cave des Carmélites**. Amateurs will help you choose the perfect wine to match the pla you'll take from **Yaté**. If you like falafel, you won't be disappointed there: you can order them with pesto, grilled eggplant, artichoke caviar or just the regular combo of hummus & tomatoes, long on the cake, on summer evenings, the street becomes a pedestrian area and terraces spread out. Choose **Le Baroudeur** for a backpacker atmosphere, and if you are more of a geek, you will enjoy the **Game Over** and its tasty cocktails named after famous pop culture characters.

NOBODY'S AND EVERYBODY'S

A terrace on a pedestrian street, a pétanque track, a neighborhood bar atmosphere: we go to **Persoonnes** at lunch time for a fresh meal, in the evening for *apéro* and at any other time to buy wine. Sometimes they welcome chefs for cuisine residences, because cooking is art! ■ 32 rue de Coulmier.

ICH BIN EIN GERMAN BEER AND FOOD LOVER

Near the University, there aren't that many spots to chill in, but the **Beerlin 89** is here for our greatest pleasure! Here, you can drink beers made on site and eat great German food. Have you tried their wonderful *Wiener Schnitzel* and their *Spaetzle*? The staff also has a great sense of humour. And if you're in Nantes when they celebrate *Oktoberfest*, go! It's so much fun to experience! ■ 95 boulevard Gabriel Lacroix.

A FLOWER? A MOVIE? NO, IT'S A PLACE!

Belie de Jour is one of those places that shift throughout the day to offer what they need to every person who comes through their doors. Wanna work in a nice setting while drinking coffee? You can. Wanna have a fresh local and seasonal lunch? No problem. Wanna sit in the garden while you spill the tea with your besties? Coucha. Wanna listen to a concert or participate in a quiz while eating taps in the evening? Don't go further. Really, don't go further! ■ 4 Place du 5^e Régiment d'Artillerie.



MARVELS BEHIND MARBLE

See Tourist Classic

And on our streets and one of the greatest places to celebrate it is **le Musée d'Art**. You'll admire pieces by Monet, Kandinsky, Soulages, as well as amazing temporary exhibitions. The building has been extended with a new and vast area dedicated to modern art. If you pass by when it's dark and the museum is still open, you'll be able to see the silhouettes of people walking inside near its really thin marble wall. ■ Free entrance every Thursday 19:00-21:00 and every first Sunday of the month.

MAGNOLIA FOREVER

See Tourist Classic

Just a step away from the train station, **le Jardin des Plantes** is a botanical garden full of surprises. The benches are not always the same size, some strange and colorful characters are hanging trees and ebfkens seem to have wings. You can also walk around the greenhouses and stop by **le Café de l'orangerie**, a spot well kept from tourists, for a drink or a nice lunch outside, surrounded by flowers if it doesn't rain.

WALK ON THE WILD SIDE

Strange at first glance but pretty cool once you're in, have a walk in **le Cimetière de la Bouffayellie**. A few meters away from the Jardin des Plantes, travel to the past with this cemetery's impressive graves. Look in particular for the one from one of our most famous first industrialists, Casségrain, with the vegetable can that people put on it. Others have set up a letter box among the graves to share a thought, a prayer or a before I die goal!

A GLITCH IN THE MATRIX

See Local tip by Lucille, 32 wanderer

Around the southern entrance of the train station, everything seems to be off-balance, and efficient restaurants for lunch breaks. Everything? No! In **l'épicerie équilibrée** you can find local and sustainable products, and I love to catch up with friends around coffee and a piece of cake. Hot tip: their chai tea latte is a ma-zing! ■ 12 allée de la boucaille de Cœt.



PRACTICAL INFO

Tourist info

9 rue des Étais
In front of the castle entrance.
Mon to Sat, 10:00 • 18:00
Sun, 10:00 • 17:00
www.nantes-tourisme.com

Accommodation

Since 2019, we don't have any youth hostel in town or nearby anymore, and this is making us VERY unhappy. Some projects are on the way, but we'll have to wait at least until 2023. Sorry guys!

If you are backpacking with a tent or are in search of a countryside feeling close to the city, check out Nantes Camping in the north (Petit Port area, close to the university).

Moving around town

Nantes is the 6th biggest city in France but you will soon realise that our neighbourhoods feel like little villages. Everything is about a 15-minute walk away, and for longer outings, you can make the most of our 500+km of cycling roads (we are after all the second most bike-friendly city in France)! Bad weather? Long distance? Public transportation will bring you everywhere by trains, buses and even boats!

BIKE RENTAL

Bicloo: move from station to station for short trips in the center.
→ C0.75 for a 30 min run, extra fee each 30 min.
→ C2 for 1 day • C5 for 3 days.
→ Annual subscription: C36.
www.biclooonnantes.com
VeloCampus: students, get your very own bike!
→ C35 for a semester / → C55 a full year.
www.velocampus.net

BIKE REPAIR

For bike owners who want to take care of their beloved bicycles, go to **L'Atelier du Bignon** (located in **Les Ateliers Magellan**), a self-repair workshop with second-hand detached pieces at a very good price and volunteers helping you when you need it! Mon & Wed, 16:00 • 20:00
www.lesateliersmagellan.fr
Many other bike workshops can also take care of your bike for you!

PUBLIC TRANSPORTATION

Since 1985, we've had 3 generations of tram designs, and the 3 of them are still running!
→ C2 on the bus for a 1h ticket
→ C1.70 at the automaton and on the app.
→ C5.80 for 24h.

New enjoy free rides all week-end long on all public transportations (Saturdays & Sundays!)
www.nm.fr



Red line

To keep our city a peaceful place, please avoid coming by plane if you can: bad urbanists put our airport on the wrong side of the city and planes seem to crash on our heads every minute. There was a decades-long project to move the airport, but the chosen spot being a natural area to protect, it was abandoned. Nature will luckily be preserved, unlike our stress. But you have many other transportation choices!

TRAIN: 2h30 from Paris with the high speed train

BIKE: Nantes is the crossing point of 2 EuroVelo routes, Velodyssée, the Atlantic coast route going from Norway to Portugal, and the EuroVelo 6 route, going from the Black Sea to the Atlantic Ocean.

PLANE: If you want to reach the airport anyhow, avoid the expensive but fast shuttle bus (→ C9 - 20 min) and take tram 3 to Neustrie + #48 or #98 airport buses (→ 1 ticket - around 45 min from Commerce).

Food delivery

We all know that delivery people from Deliveroo, UberEats & co work in awful conditions, but we all love when delicious food rides to us lazy people on its little bike. We no longer need to choose between ethics and hunger: we have **NesFood**! Search for them on your Internet browser, they are still young and don't have an app yet, but at least, everybody works fairly in this local cooperative!
nesfood.fr

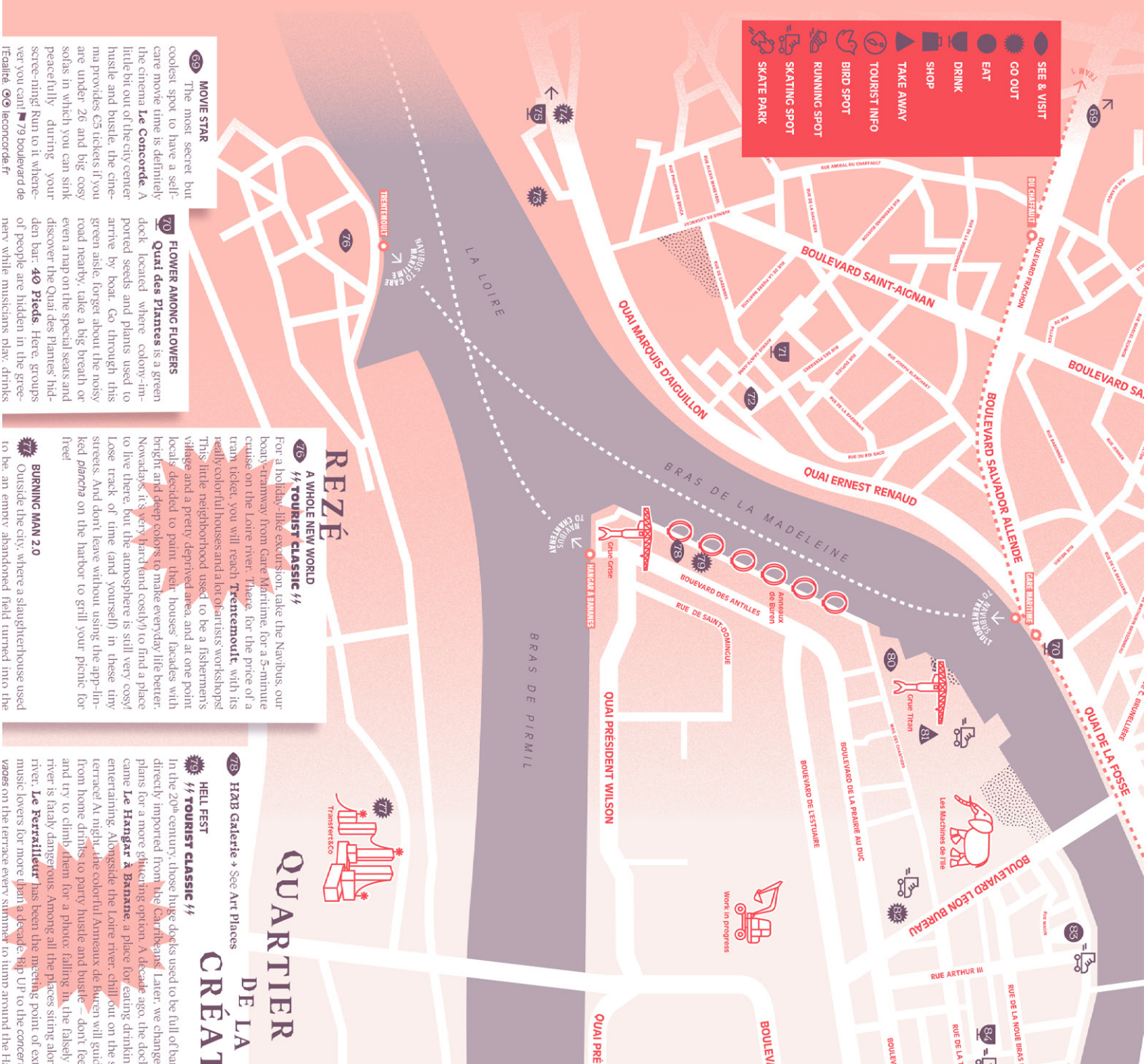
Cultural tourism

Every summer, the local cultural institution **Le Voyage à Nantes** offers an artistic trail in the city. Follow the 22km long green line to discover ephemere and permanent crazy outdoor installations.
www.levoyageanantes.fr

All year long, you can also enjoy our local Disneyland area **Les Machines de l'île**. In a Jules Verne universe, you can have a trip on a wooden elephant, ride sea creatures on a giant carousel and see the biggest spider of your life in the gallery – but it's a robotic one, so it's almost cure.
www.lesmachines-nantes.fr

For more mainstream and underground activities, check out our local agendas:
www.nantes-tourisme.com • The official schedule for big events in town.
www.lesloisirsannais.fr • A large selection of live events and festival recommendations. See *Semaine on Facebook* & Instagram
→ For electronic live music events.

CARTS: Under 3? Enjoy fair prices on the culture side with the CARTS, created by the Atelier des Initiatives. For C15, explore a large range of concert halls, theatres, cinemas, and some festivals with discount prices!
atelierdesinitiativescorv



MOVIE STAR

The most secret but coolest spot to have a self-made movie time is definitely the cinema **Le Concorde**. A little bit out of the city center hustle and bustle, the cinema provides C5 tickets if you are under 26 and big cosy sofas in which you can sink peacefully during your screening. Run to it whenever you can! 79 boulevard de l'Éclatité leconcorde.fr

FLOWER AMONG FLOWERS

Quai des Plantes is a green dock located where colony-innported seeds and plants used to arrive by boat. Go through this green aisle, forget about the noisy road nearby, take a big breath or even a nap on the special seats and discover the Quai des Plantes' hidden bar: **40 Pieds**. Here, groups of people are hidden in the greenery you can! 79 boulevard de l'Éclatité leconcorde.fr

REZÉ

A WHOLE NEW WORLD

For a holiday-like excursion, take the Nantibus, our heavy-tramway from Gare Maritime, for a 5-minute cruise on the Loire river. There, for the price of a tram ticket, you will reach **Trentemoult**, with its really colorful houses and a lot of artists' workshops! This little neighborhood used to be a fishermen's village and a pretty deprived area, and at one point locals decided to paint their houses facades with bright and deep colors to make everyday life better. Nowadays, it's very hard (and costly!) to find a place to live there, but the atmosphere is still very cosy! Lose track of time (and yourself) in these tiny streets. And don't leave without using the apple-keel *plancha* on the harbor to grill your picnic for free!

BURNING MAN 2.0

Outside the city, where a slaughterhouse used to be, an empty abandoned field turned into the

QUARTIER DE LA CRÉAT

H&B Galerie • See Art Places

HELL FEST

TOURIST CLASSIC

In the 20th century, those huge docks used to be full of bar plans for a more glittering option. A decade ago, the dock came **Le Hangar à Banane**, a place for eating drinking entertaining. Alongside the Loire river, chill out on the terrace! At night, the colorful Amnoux de Bureau will guide from home drinks to party hustle and bustle – don't feel and try to climb often for a photo: falling in the flaky river is fairly dangerous. Among all the places sitting along river, **Le Rerrillieur** has been the meeting point of ext vases for more than a decade. Hip Up to the concert

➔ €3.20 at the automaton and on the app.

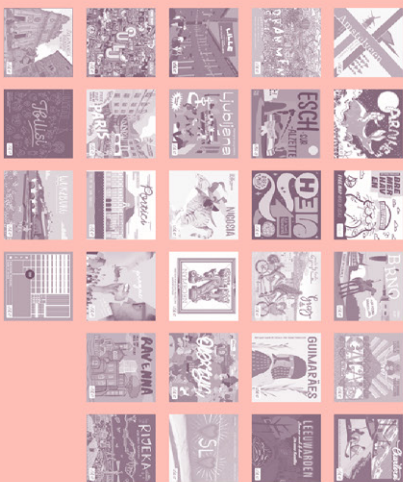
New enjoy free rides all week-end long on all public transportations (Saturdays & Sundays) www.la1t.fr



CARTS. Under 33€ Enjoy fair prices on the culture side with the CARTS, created by the Atelier des Initiatives. For €15, explore a large range of concert halls, theatres, cinemas, and some festivals with discount prices! atelierdesinitives.org

www.use-it.travel

USE-IT is tourist info for young people made by locals, no-nonsense and up to date. Want to be the first to know about new maps? Then follow us on Facebook: www.facebook.com/USE-IT or Instagram: [@useitmaps](https://www.instagram.com/useitmaps)



PUBLISHER

Association Salut Monde

TEAM

Hélène Burel,
Julien Chene,
Marine Morvan,
Maricette Philpitt,
Lucille Poirier.

GRAPHIC DESIGN

Hélène Burel

ILLUSTRATIONS

Marine Morvan

TYPEFACES

Ortica

Antique Olive

Baselieur

PRINT

Groupe Renard.

SUPPORT

Nantes Métropole

+ 29 contributors ♥

ma provides €5 tickets if you are under 26 and big cosy sofas in which you can sink peacefully during your screening! Run to it whenever you can! [79 boulevard de Egalité](http://79boulevarddelegallie.fr) [@leconcorde.fr](https://www.instagram.com/leconcorde.fr)

green aisle, forget about the noisy road nearby, take a big breath or even a nap on the special seats and discover the Quai des Planes' hidden bar: **40 Pides**. Here, groups of people are hidden in the greenery while musicians play, drinks are cheap AND good, and great snacks are served with a smile! [Care maritime.](http://caremaritime.com)

CHANTENAY

HOMEMADE SWEET HOME

Wanna have a soothing break? Take refuge in Bloom, a tea-room where time stops. Near the Jules Verne Museum and the Planetarium, relax in this cosy place filled with books to borrow, locally crafted jewellery and accessories to fall in love with, a second-hand clothing shop, great pastries... And if you come to have lunch, you'll get to eat delicious organic, locally-produced and veggie dishes! Oh, and of course you'll get a great variety of teas to choose from! [18 avenue Sainte Anne.](http://18avenue.sainteanne.com)

STARS IN YOUR EYES

On the top of Nantes, in the Chanteray neighborhood, you'll spot a strange dome. It's the hiding place of the **Planetarium**. Book a seat and discover wonderful far-away things. It's fascinating to learn what's happening above our heads. Stars, planets, other galaxies, they won't have any secrets for you anymore. And the scientific mediators are really passionate and ready to share with you all their knowledge! [8 rue des Academs](http://8rue.desAcadems.com) planetariumnantes.wixsite.com

HARDER BETTER FASTER STRONGER

Le Macadam is an out-of-time place for night owls. Black walls, chains, a no-photo policy and electro-techno-artistes behind the DJ booth. Once a month, they program **La Gloria**, an all-day-long disguised techno party. Put on your wildest outfit and get ready for the glitters at the entrance. Tip: the place is a little far away from the city center, so take bus #81 or buy a bicloo card and bike to avoid the 40-minute walk. [17 rue Jules Launay.](http://17rue.juleslaunay.com)

streets. And don't leave without using the app-linked **planetcha** on the harbor to grill your picnic for free!

BURNING MAN 2.0

Outside the city, where a slaughterhouse used to be, an empty abandoned field turned into the perfect spot to experiment culture in a special way! The project **Transferteco**, in constant evolution until 2022, is a difficult-to-describe place, a crazy spot with containers, a boat, a circus marquee, music, parties, workshops, bars and food trucks (poke Marche Noiry). It's an unique experiment and one of the things that make Nantes so special! Take the Nabivous from Gare Maritime to Trememout: the spot is only 10 minutes walk away! Site des arts.clebs.abattoirs.com, rue de l'abbé Grégoire, Reze. Open from May to Sept.

Les 2celliers du Dahlu

* See Creative & Alternative

HAPPY NEW BEER

Come by bike or by boat with the new Nabivous line from the Hangar à Bananes. This is the perfect place for *apéro* and discovering this microbrewery in a macro dockyard. The brand new crowded **Little Atlantique Brewery** will offer you delicious craft beers and beer-based cocktails for you and your drinking mates with an astonishing view on the Loire river where the Belem, our most famous three-master vessel that still sails around the globe, was born. Classy shit and classic shit! [23 bd de Chantenay.](http://23bd.de.chantenay.com)

SWEET STRAWBERRY

A few decades ago, some people went to the seaside city of Pornic only to eat the wonderful strawberry ice creams made by **La Fraiseurite** with its local fruits (we let you imagine how excellent they are). Today you can simply walk through the city center to enjoy the best ice cream in France, even if you still need to queue-up a bit for these refreshing delights! Several addresses all in the city

terrace! At night, the colorful Améaux de Buren will guide you from home drinks to party hustle and bustle - don't feel and try to climb often for a photo: falling in the falsely river is fairly dangerous. Among all the places sitting along river, **Le Ferritilleur** has been the meeting point of ext music lovers for more than a decade. Rip UP to the concert vages on the terrace every summer to jump around the Ha à Bananes! [Hangar à Bananes.](http://Hangar à Bananes)

WALKING ON THE MOON

The Machines de l'île area is full of surprises. After little walk through Les Neefs, behind the carousel des Mo Marins, you'll find **La Grue Triton**, the great yellow crane has a special place in our hearts. Back in time, there used a shipyard here: the crane was made for lifting boat pieces put together or repaired. Nowadays, it's not in use anymore something much funnier has been settled instead, just be the shipway, check the art piece/ playground **On va mar sur la lune**. No, you are not dreaming: we really do have a transpoline area. Jump from one crater to another, like y walking on the moon. The best moment to come here is on way back to the center after partying in Le Hangar à Banan bit of alcohol in your blood, no more children around, pe for a zero-gravity experience!

THE PLACE TO BEAT

Music lover, this is the place to be for good boom boom triangle to explore. Let's start with **Tri** bunker building with its recording-studio-bus emb floor will offer you seasonal artworks on two of it *lennurantes & orpéau*. The place helps musicians to lop their music with sometimes crazy parties under relies inside its garden, **Le jardin C.** is an artistic workshops and live gigs happen. You'll then, by day for crazy digital exhibitions, by night for gre famous and up-and-coming bands and digital art cosy but exciting atmosphere! [4 Boulevard Léon Bk.](http://4Boulevard.Léon.Bk)

GO BRUNCH YOURSELF

With their sweet terrace alongside the Loire at the **Billies** team will make you have a wonderful b with their tasty meals and pastries. Crazy ginger be lionaire shortbread, warm welcome and the Britis the restaurants at your service! [25 quai François Mit](http://25quai.François.Mit)

terrace! At night, the colorful Anneaux de Buren will guide you from home drinks to party hustle and bustle – don't feel wild and try to climb them for a photo: falling in the falsely quiet river is fairly dangerous. Among all the places sitting along the river, **Le Ferrailleur** has been the meeting point of extreme music lovers for more than a decade. Rip UP to the concerts sav-
vages on the terrace every summer to jump around the Hangar à Bananes! ■ Hangar à Bananes.

WALKING ON THE MOON

880 The Machines de l'île area is full of surprises. After your little walk through Les Nefs, behind the Carrousel des Mondes Marins, you'll find **La Grue Titane**, the great yellow crane that has a special place in our hearts. Back in time, there used to be a shipyard here: the crane was made for lifting boat pieces to be put together or repaired. Nowadays, it's not in use anymore but something much funnier has been settled instead. Just behind the slipway, check the art piece/playground **On va marcher sur la lune**. No, you are not dreaming: we really do have a free trampoline area. Jump from one crater to another like you're walking on the moon. The best moment to come here is on your way back to the center after partying in La Hangar à Bananes: a bit of alcohol in your blood, no more children around, perfect for a zero-gravity experience!

THE PLACE TO BEAT

881 Music lover, this is the place to be for good beats. Imagine a boom boom triangle to explore. Let's start with **Trempo**: this great bunker building with its recording studio bus embedded on the first floor will offer you seasonal artworks on its frontages (poke **lennurantes & orpeau**). The place helps musicians to record and develop their music with sometimes crazy parties under the silver umbrellas inside its garden. **Le Jardin C** is an artistic lab where gardening workshops and live gigs happen. You'll then go to **Stereolux**, by day for crazy digital exhibitions, by night for great live concerts by famous and up-and-coming bands and digital art shows. It's such a cosy but exciting atmosphere! ■ 4 Boulevard Léon Bureau.

CO BRUNCH YOURSELF

882 With their sweet terrace alongside the Loire and skating people, the **Billets** team will make you have a wonderful brunch or tea time with their tasty meals and pastries. Crazy ginger beer, incredible Mil-lionaire shortbread, warm welcome and the British Royal Family in the restaurants at your service! ■ 25 quai François Mitterrand.

and now have a real restaurant. Youpi & yum-my! Here, enjoy your homemade bread with one of the thematic sausage recipes you want to take-away on the island. Or you can stay on the terrace, a concert is about to begin! ■ 3bis rue de la Tour d'Auvergne.

ZIGZAG AH

883 An urban wine cellar where to have fun? Yes it's possible. In Nantes of course! The **Brais de Fer** team created such an atmosphere in their former spot that we stamp our feet waiting for their new address. A few months later and a street further, our landmark is back! Come along to have good times with good wine and tap your foot with good beats! ■ 20 Bd de la Prairie au Duc.

for your health and your taste buds! Their carrot cake is the best in town, and maybe the best in France – no, the best in the world! You can also enjoy their art gallery. They also expose artists works, you can support them by buying their productions. ■ 6 rue Louis Lebanc. One branch per month.

FED WITH FOOD AND WORDS

890 **Le Café des Pangolins** is a unique address for coffee-lovers. Mona, the owner, is a roasting expert! Moreover, you can taste big plates full of healthy foodst (their way of cooking eggs is just amazing). And if you are fond of words, this is the best spot for that too! They organise poetry meetings regularly where you can share a great time with strangers – but are we really strangers when we share the same passion, the same values? ■ 17 rue de la Tour d'Auvergne.

MADAME IS A WEIROO

891 A relaxed vibe, art exhibitions and local organic groceries make up the menu of **La Grande Barge**. You can sit for a coffee, pick a dish of the day for lunch or have a beer to meet locals during their afterwork time. Typically French, typically Nantes. ■ 8 rue Grande Basse.

A VEGAN-FRIENDLY BAKERY

892 ★ Local tip by Marie 20, student. One year ago, I moved from the university area to the Île de Nantes and I discovered a new neighbourhood. One of the first places I went to was **Boulangerie Barnabé**, a little bakery on the corner of rue Grande Basse. They offer an increasing selection of vegan options. My favorite one is the chocolate muffin: delicious, a bit fat but perfect for an afternoon snack. I also recommend their almond croissants. Very French recommendation, I know! ■ 10 rue Babin Chevre.

MERRY LOVELY CHAOS

893 Berlin seems to be calling in this former warehouse. We go to **Le Wattignites**, firstly, for the cool bar with its great terrace, secondly for the good simple food for lunch. Thirdly, the amazing selection of the second-hand clothes shop of **Nippes Priperie**. Fourthly, the great **bric-a-brac** finds of **Marcel Chine** and fifth, the alternative shop corners with plants or bicycles. In a nutshell, wherever you go there you will meet great people and enjoy a good time, so see you there? ■ 13 Boulevard des Martyrs Nantais de la Résistance.

CRAZY WALK

894 On the eastern side of the île of Nantes, we have a little gem. It's the **Parc du CraziPa**, where you can do outdoors activities, like BBQ with your friends (yummy), simply enjoy nature (breathe deeply) and take care of your health by following a sports path – you won't do traditional push-ups, no, but you will follow strange indications, like going right into a wall! We won't tell you more, just go and see, it's really crazy and funny! ■ Rue du Pré Saë.



5 MINUTES OF HISTORY

century. That is until duke Alain Barbeorte defeated them in 937. Nantes joined the Duchy of Brittany after that.

13th century

Because of the war with the Kingdom of France, Anne, duchess of Brittany, married Charles VII, king of France, and then his cousin King Louis XII. Bridesmaid, she was the only woman who was Queen of France twice! Nantes and Brittany became officially attached to France then!

18th century

The city expanded as naval activities grew – Nantes is only 60km away from the Atlantic Ocean, sailing on the Loire river! Neptune favors the bolts (so our motto says: ships sailed from Europe to the African coast to get locals that were then sold as slaves on the other side of the ocean, and the trip back was aimed to bring back exotic products like sugar, spices, and rhum (everything you need to cook the *Gâteau Nantais* ohm...).

This Triangular Trade ended in 1848 in France with the abolition of slavery. Nowadays, you can visit the Memorial of the Abolition of Slavery, facing the old luxurious mansions of ship-owners on Quai de la Fosse.

after Holz was renamed 'Cours des 50 Orages' in commemoration of those resistant fighters.

Once upon a time

Our city has always been rising up for justice and often faces a very repressive police force. There have been many struggles in the last decades that have been widely covered by the news: the airport project in Notre-Dame-des-Landes, the *Clés Jaunes* struggles in 2019, the drowning of a young dancer, Steve, during a police action on the *Fête de la Musique* day, and lately the COVID consequences. Well, you will quickly see it on wall tags, feel it in the Saturday crowd and also smell it, cause the police love to play cat and mouse with tear gas.

GIVE US FEEDBACK!

This selection of sports and tips was made by locals and coordinated by Salut Monde.

Did we miss anything? Wanna report a mistake or just send us some love? Give us your tips and join the team!

✉ nantes@useit.travel to write us.

🌐 useitantes.fr for cool additional content!

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